

Indoor Air Quality Resources 2005

Joseph Laquatra, Judy Boggess, Mark Pierce, and David Diligent

Resources identified by the Practical Management Strategies Project, Cornell University

Appendix A: Indoor Air Quality
Appendix B: Mold & Moisture Problems
Appendix C: Lead Poisoning

Appendix A: Indoor Air Quality

Health Department Resources

About Radon, Virginia Department of Health [15 pg booklet] Publication 48504E-10-95
Virginia Department of Health, Radiological Health
1500 East Main Street Room 240
Richmond VA 23219 (804) 786-5932

Air Pollution in Your Home? American Lung Association [brochure] Publication 1001 June 1990
1-800-LUNG-USA

The ABCs of Indoor Air Quality, Virginia Department of Health [brochure] prepared by Peter Sherertz
Bureau of Toxic Substances Room 124
PO Box 2448
Richmond VA 23218 (804) 786-1763 Fax (804) 786-9510

Breathe the Difference – A Checklist for Improving the Air Quality in Your Home [brochure]
Delaware Health and Social Services, Division of Public Health
PO Box 637
Dover DE 19903 (302) 739-6619 or 1-800-464-4357 (HELP)

Building Related Illness or "Sick Building Syndrome" Virginia Department of Health [brochure]

Citizen's Guide to Radon: The Guide to Protecting Yourself & Your Family from Radon [15 pg booklet]
Virginia Department of Health, Radiological Health, Feb 1993, reprinted in Dec 2000

Facts about... Home Controls of Allergies & Asthma, American Lung Association [brochure]
1-800-LUNG-USA www.lungusa.org

Formaldehyde Fact Sheet, Oregon Health Division Indoor Air Program
Oregon Health Division
800 NE Oregon Street #21 Ste. 608
Portland OR 97232-2109 (503) 731-4012

Healthy Homes Checklist, Missouri Department of Health [2 pg list]
Missouri Department of Health, Section for Environmental Public Health
1-800-392-7245

Healthy Homes Checklist – Suggested Solutions, Missouri Department of Health [1 pg list]

Healthy Indoor Air: America's Homes Training and Reference Manual [binder]
EPA, Montana State University, USDA
www.montana.edu/wwwcxair

Healthy Indoor Air for America's Home's Indoor Air Hazards Every Homeowner Should Know About [12 pg booklet]
EPA, Montana State University, USDA
www.montana.edu/wwwcxair

*Help Yourself to a Healthy Home: Protect Your Children's Health, Farm*A*Syst* [24 pg book]
Home*A*Syst, University of Wisconsin
303 Hiram Smith Hall
Madison WI 53706 (608) 262- 0024 Fax (608) 265- 2775 www.uwex.edu/homeasyst

Indoor Air Quality: A Guide to a Healthy Environment for Nebraskans [brochure]
Nebraska Department of Health and Human Services
Regulation & Licensure Indoor Air Quality Program
301 Centennial Mall South
Lincoln NE 68509-5007

New York City Department of Health Community Health Works
NYC Childhood Asthma Initiative Community Asthma Program
Home Environment Remediation Strategies, pages 40-49

Oregon Indoor Air Resource Guide, American Lung Association of Oregon [45 pg book]
American Lung Association of Oregon
9320 S.W. Barbur Blvd. Suite 140
Portland OR 97219-5481 (503) 246-1997 or 1-800-LUNG-USA

Radon: A Train the Speaker Program (with slides), EPA and Nevada State Health Division
Training Manual Book

Radon Facts, Nebraska Department of Health and Human Services [1 pg fact sheet] published May 1998

Radon Levels & Radon Abatement Projects in Oregon Homes, Oregon Health Division
[booklet of zip codes/counties & radon levels]
Oregon Health Division, Radiation Protection Services
800 NE Oregon #21
Portland OR 97232 (503) 731-4014

Radon Measurement Guide, Oregon Health Division [brochure]

Radon in Nebraska, Nebraska Department of Health and Human Services [11 pg booklet]

Extension Resources

Be Aware of Your Indoor Air, Louisiana State University Agriculture Center [9 pg booklet]
Louisiana State University Agriculture Center
Louisiana Cooperative Extension Service, USDA
PO Box 25100
Baton Rouge LA 70894-5100

Does Your Home Have an Indoor Air Problem? David Brook, Nov 1995 [15 pg newsletter]
Oregon State University Extension Services
Publication Orders, Agricultural Communications
Oregon State University
Administrative Services A422
Corvallis OR 97331-2119 (503) 737- 2513

*Home*A*Syst – An Environmental Risk Assessment Guide for the Home* [book]
Northeast Regional Agriculture Engineering Service (NRAES)
Cornell Cooperative Extension
152 Riley Robb Hall
Ithaca NY 14853-5701 (607) 255-7654 Fax (607) 254- 8770

Test Your Home for Indoor Air Pollutants, David Brook, July 1993 [7 pg article]
Oregon State University Extension Services

Environmental Protection Agency Resources

A Guide to Radon: How to Protect Yourself and Your Family, Environmental Protection Agency (EPA) & National Coalition of Hispanic Health and Human Services Organization (COSSMHO) [35 pg dual language book]

See EPA Indoor Environments Program Publication Order Form

A Radon Guide for Tenants, EPA [booklet]

See EPA Indoor Environments Program Publication Order Form

Asthma Air Quality & Environmental Justice: EPA's Role in Asthma Education & Prevention, EPA [1 pg article]

Publication EPA402F95-001 July 1995

Biological Pollutants in Your Home, U.S. Consumer Product Safety Commission (CPSC) & American Lung Association

[brochure] See EPA Indoor Environments Program Publication Order Form

Building A New Home? Have You Considered Radon? EPA

See EPA Indoor Environments Program Publication Order Form

Buying A New Home? How to Protect Your Family from Radon, EPA [brochure]

See EPA Indoor Environments Program Publication Order Form

Carbon Monoxide Fact Sheet Publication #466, CPSC [1 pg fact sheet]

CPSC, Washington DC 20207

Child Safety Checklist, HUD, Center for Disease Control (CDC), EPA & CPSC [1 pg]

Citizen's Guide to Radon, 3rd edition, The Guide to Protecting Yourself and Your Family From Radon, EPA,

U.S. Department of Health & Human Services & U.S. Public Health Services [15 pg booklet]

See EPA Indoor Environments Program Publication Order Form

Consumer's Guide to Radon Reduction: How to Reduce Radon Levels in Your Home, EPA [17 pg booklet]

See EPA Indoor Environments Program Publication Order Form

How Healthy is the Air in Your Home: A Room-by-Room Checklist for Your Home's Indoor Air [brochure]

Consumer Research Council & EPA

1-800-438-4318

Home Buyer's and Seller's Guide to Radon, EPA [38 pg booklet]

See EPA Indoor Environments Program Publication Order Form

The Inside Story: A Guide to Indoor Air Quality, EPA & CPSC [book]

See EPA Indoor Environments Program Publication Order Form

Introduction to Indoor Air Quality: A Reference Manual, EPA, U.S. Public Health Services (USPHS) & National Environmental Health Association (NEHA) [book]

See EPA Indoor Environments Program Publication Order Form

Protecting Your Home from Radon: A Step-by-step Manual for Radon Reduction, 2nd edition [book]

ISBN 0-9639434-0-5

Reducing Radon Risks, EPA [booklet]

See EPA Indoor Environments Program Publication Order Form

Should You Have the Air Ducts in Your Home Cleaned? EPA [17 pg booklet for educated homeowners]

See EPA Indoor Environments Program Publication Order Form

The "Senseless" Killer, CPSC [brochure on CO] Publication 009308

CPSC, Washington DC 20207

What You Should Know about Combustion Appliances & Indoor Air Pollution, CPSC, EPA and American Lung Association

[brochure] See EPA Indoor Environments Program Publication Order Form

Appendix B: Mold and Moisture Problems

Health Department Resources

Asbestos: A Guide to Asbestos in the Home for New Jersey Residents, New Jersey Department of Health
[16 pg booklet] Publication G3068
New Jersey Department of Environmental Health Services (609) 984-2193

Asbestos in the Home [12 pg booklet]
Environmental Health Services Radiation, Toxics, & Indoor Air Division
815 Quarrier Street Suite 418
Charleston WV 25301 (304) 558-2981 or 1-800-ENV-HELTH

Clean-up Procedure for Mold in Houses, Canada Mortgage & Housing Corporation (CMHC) [30 pg book]
(613) 748-2367

Fact Sheet: Household Mold, Oregon Department of Human Services, Health Division
Oregon Department of Human Services, Health Division
800 NE Oregon #21
Portland OR 97232-2162

Health Officials Offer Advice for Preventing Carbon Monoxide Poisoning [1 pg]
Mark E. Ferrell, Communications Coordinator
West Virginia Bureau for Public Health (304) 558-0035

Indoor Air Quality Information Sheet - Mold in My Home: What Do I Do? Arizona Department of Health Services
[3 pg handout]
Office of Environmental Health
3815 N. Black Canyon Highway
Phoenix AZ 85105 (602) 230-5830

Indoor Air Quality Information Sheet - Mold in My Home: What Do I Do? March 1998 [6 pg]
California Department of Health Services
www.cal-iaq.org/mold9803.htm

Indoor Air Quality Information Sheet - Mold in My Home: What Do I Do? West Virginia Department of Health and Human Resources [4 pg]
West Virginia Bureau for Public Health
Office of Environmental Health Services, Radiation, Toxics, and Indoor Air Division
815 Quarrier Street
Charleston WV 25301 (304) 558-2981

Is Mold Affecting Your Health? Mold & Indoor Air Quality Nebraska [brochure]
Nebraska Department of Health & Human Services

Mold in My Home: What Do I Do? Indoor Air Quality Information Sheet
Mississippi State Department of Health
507 E. Woodrow Wilson Blvd.
PO Box 1700
Jackson MS 31215-1700 (601) 576-7725

Strachybotrys Chartarum (atra): A Mold that May be Found in Water Damaged Homes, April 1997 [4 pg article]
California Department of Health Services
2151 Berkeley Way
Berkeley CA 94704-1011

Virginia Department of Health, Division of Health Hazards Control Fact Sheets on: *Bioaerosols and Frequently Asked Questions about Flooding, Molds, & Health*
Virginia Department of Health, Division of Health Hazards Control
1500 East Main St Room 124

PO Box 2448,
Richmond VA 23218 (804) 786-1763

Virginia Department of Health, Division of Health Hazards Control Fact Sheet on *Toxic Substances Info – Asbestos*
Virginia Department of Health
109 Governor Street Room 918
Richmond VA 23219 (804) 786-1762

Extension Resources

Home Moisture Problems, June 1994, David Brook, Oregon State University Extension Services
[12 pg article] Publication EC1437

Solving Indoor Moisture Problems, November 1998, David Brook, Oregon State University Extension Services
[2 pg article] Publication R124

What You Should Know About Pest Control in Your Home: A Consumers Guide to Pest Control Options
Oregon Pesticide Analytical & Response Center [brochure]
Oregon State University Extension Office

Environmental Protection Agency Resources

Flood Cleanup: Avoiding Indoor Air Quality Problems Fact Sheet, EPA
See EPA Indoor Environments Program Publication Order Form

Indoor Air Quality Tools for Schools, EPA Website Appendix H: Moisture, Mold and Mildew
www.epa.gov/iedweb00/schools/tfs/guideh.html

Appendix C: Lead Poisoning

Health Department Resources

A Lead Poisoning Prevention Plan for Parents, NJ Physician Lead Advisory Committee, revised June 1998
[1 pg fact sheet]

About Lead and Pregnancy, Virginia Department of Health [15 pg education/prevention booklet]
Publication 20024C-6-97
Virginia Department of Health, Lead Safe Virginia Program
PO Box 2448
Richmond VA 23218 (804) 225-4455 www.vdh.state.va.us or www.vahealth.org/leadsafe

CD Summary May 28, 1998 Vol. 45 No. 12 Occupational Lead Poisoning, Oregon Health Division [1 pg newsletter]
ISSN 1058-7888
Oregon Health Division (503) 731-4023 Fax (503) 731-4798 cd.summary@state.or.us

Coping with Your Child's Diagnosis of Lead Poisoning, Michigan Department of Community Health [13 pg booklet]
Michigan Department of Community, Health Lead Hazard Remediation Program (517) 335-9390

Don't Take Lead Dust Home from Work, New Jersey Department of Health [1 pg fact sheet] Publication G5737
New Jersey Department of Health
(609) 984-1863

Guide to Lead Poisoning Prevention, Dairy Council [1 pg fact sheet]

Healthy Home Healthy Kids, Minnesota Department of Health Lead Program
[education curriculum, detailed, for educated households]
Minnesota Department of Health Lead Program
PO Box 64975

Important Information for Homeowners & Renters about Lead Paint Hazards, New Jersey Department of Health [brochure]

Is Your Home Lead Safe? Nebraska Childhood Lead Poisoning Prevention Program [brochure]

Publication PHA-PB2 (24512)
Nebraska Department of Health & Human Services Regulation & Licensure
Childhood Lead Poisoning Prevention Program
301 Centennial Mall South
PO Box 95007
Lincoln NE 68509-5007

Keep Your Baby Safe from Lead, Environmental Health Service [1 pg fact sheet] Publication G4589

New Jersey Environmental Health Service (609) 633- 2043 or (609) 984-2193

Keep Your Child Lead-Safe, Virginia Department of Health [15 pg prevention booklet] Publication 45252A-5-96

Lead & Pregnancy – Protect Yourself & Your Baby, Virginia Department of Health [7 pg booklet] Publication 72640A-5-98

Lead and Your Child's Diet, Virginia Department of Health [7 pg booklet] Publication 70201B-1-98

Lead Bulletin, September 1994 , Portland Water Bureau [education/prevention]

Portland Water Bureau
1120 SW 5th Avenue
Portland OR 97204 (503) 823-7431

Lead Can Harm Children: Keep Your Child Safe, Virginia Department of Health [booklet that can easily be copied]

Publication 44651B-3-97

Lead Dust Clean-up & Control [brochure] Publication PHA-PAM-3, revised Dec 1997 (24502)

Nebraska Childhood Lead Poisoning Prevention Program
301 Centennial Mall South
Lincoln NE 68509-5007 (402) 471- 7764 Fax (402) 471- 6436

Lead Exposure: Prevent Take Home Dust, Oregon Health Division [1 pg fact sheet]

Oregon Health Division, Section on Environmental, Occupational, & Injury Epidemiology
(503) 731- 4025

Lead: Is Your Child at Risk? Virginia Department of Health [7 pg education/prevention booklet]

Publication 40394F-4-98

Lead Levels in Children, Virginia Department of Health [15 pg booklet] Publication 38646G-2-98

Lead Poisoning at Home - Learn How to Prevent It, Virginia Department Health [7 pg booklet] Publication 71225B-3-98

Leadosaurus Says – Be Alert! Lead Can Hurt! [activity book]

West Virginia Bureau for Public Health
Office of Environmental Health Services, Childhood Lead Poisoning Prevention Program
815 Quarrier Street Suite 418
Charleston WV 25301-2612 (304) 558-2981 or 1-800-922-1255

Leo the Little Lion Learns How to Get Ahead of Lead [coloring booklet]

West Virginia Bureau for Public Health
Office of Environmental Health Services Lead Program 1-800-922-1244

Leo the Little Lion Learns How to Get Ahead of Lead, NY State Department of Health [children's story booklet]

Publication 2533 11/96

Protect Your Child from Environmental Health Hazards in the Home: A Parent's Handbook

Virginia Department of Health, education/prevention, Publication 97072A-06-99

Questions Parents Ask about Lead Poisoning - New Jersey Department of Health & Senior Services [brochure]

Publication G7037 revised 7/99
New Jersey Department of Health & Senior Services (609) 292-5666

Sources of Lead, New Jersey Physician Lead Advisory Committee [1 pg fact sheet] revised June 1998

Unlead Kids, City of Portland Bureau of Water Works-education [brochure] revised Nov 1994
City of Portland Bureau of Water Works
1120 SW 5th Avenue
Portland OR 17204 (503) 823-7770

Virginia Partnership for Lead Poisoning Prevention Education, Family Education Project Training Manual
[references and information from other areas, some teaching information can be given to low income households – education/prevention]

What You Don't Know About Lead Poisoning Can Hurt Your Child [easy education brochure]
Oregon Urban League of Portland
10 North Russell St
Portland OR 97227 (503) 280-2600

Extension Resources

Louisiana State University Agricultural Center Teaching Kit Protect Kids from Lead Poisoning [education curriculum and brochures, can be used for low income families -teaching kit, plus Publications 2556 and 2564]
Louisiana State University Agricultural Center
Louisiana Cooperative Extension Service Knapp Hall
PO Box 25100
Baton Rouge LA 70894-5100 (504) 388-4141 Fax (504) 388-2478

Environmental Protection Agency / Housing & Urban Development Resources

Caution: Lead Paint, Handle with Care, HUD [5 pg booklet on remodeling]
1-800-HUDS-FHA www.hud.gov

Lead in Your Home: A Parent's Reference Guide, EPA [70 pg book for educated parents] EPA 747-B-99-003

Lead Paint Can Poison: Learn the Facts, HUD [5 pg booklet]
1-800- HUDS- FHA www.hud.gov

Protect Your Family from Lead in Your Home, EPA, CPSC & HUD [booklet education and prevention]
Publication EPA747K99001, May 1999
www.hud.gov/lea/leapame.pdt

Reducing Lead Hazards When Remodeling Your Home, EPA [22 pg booklet for higher educated people doing home remodeling safely] Publication EPA747K97001, Sept 1997

Sesame Street Lead Away Video [self-education material for low income households and children]
National Safety Councils Lead Info
1-800-424-LEAD (5323) Fax 202-659-1192 e-mail: ehc@cais.com
Children's Evision Workshop Lead Away
PO Box 55742
Indianapolis IN 46205-0742